

## **Triangle YOPD Connections 2024**

A “meet up” for those newly diagnosed with Young Onset Parkinson’s Disease and their care partners for conversations focused on

***Parenting · Careers · Relationships  
& Other Relevant Topics***

**1st Wednesday of every month from 7:00pm – 8:30pm**



### **Meeting Dates in 2024**

**January – no meeting**

**February 7<sup>th</sup> - Estate Planning Considerations**

*Alisa Huffman, MSW, JD*

**March 6<sup>th</sup> - Small Group Discussion- Jimmy Choi**

**April 3<sup>rd</sup> - Neuropsychological Testing for YOPD**

*Sarah Cook, PhD, ABPP*

**May 1<sup>st</sup> - Care Partner Meet Up/ Group for PWP**

**June 5<sup>th</sup> – Small Group Discussion**

**July 3<sup>rd</sup> – no meeting**

**August 7<sup>th</sup> – Driving and PD**

*Melissa Werz, OTD, OTR/L*

**September 4<sup>th</sup> – Small Group Discussion**

**October 2<sup>nd</sup> – Pharmacological Interventions**

*Jenelle Montgomery, PhD*

**November 6<sup>th</sup> -Small Group Discussion**

**December 4<sup>th</sup> -TBD**

*\*January and July Meetings adjusted due to holiday*

***To find out more about this group and see if it is a good fit for you, please contact:***

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*or Anne Kosem, LCSW at (919) 681-2656 or [Anne.kosem@duke.edu](mailto:Anne.kosem@duke.edu)*

***To reach our peer facilitator, contact: [triangleYOPDconnections@gmail.com](mailto:triangleYOPDconnections@gmail.com)***